University Hill Kinderclub

Preschool Program – ages 3 & 4

Before and After School Care –

Kindergarten through to Grade 5



Family Information Package

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Introduction

University Hill Kinderclub is a unique child care program established in 1984.

U-Hill Kinderclub is located on the grounds of University Hill Elementary School and provides:

- A bridge in the transition from daycare to elementary school.
- Continuity and stability to a child's day. Children are in the same location with the same staff all day.
- A thorough integration into the community of U-Hill Elementary School. Children at Kinderclub get to know other kindergarten students from different classrooms. They become familiar with the whole school facilities and grounds and they get to know older students from the school that visit the daycare.

Children enrolled in Kinderclub participate in a wide variety of activities such as arts and crafts, music, dancing, cooking, exploring their natural environment, board games, stories and circle time.



Philosophy

The staff of Kinderclub strongly believe in the value of play. We believe that children learn basic concepts of math, science, language and socialization through play.



Meals & Snack Policy

Nutritious snacks are provided by Kinderclub. We may provide warm snacks, especially during the colder months.

Please provide your child with a nutritious lunch. A typical lunch might include the following:

- ◆ Protein (ie: dinner leftovers, soup, sandwich)
- **♦** Fruits
- ♦ Vegetable sticks, carrots, celery, etc.
- ♦ Rice, noodles, etc.

Juice boxes are fine to send, however, Kinderclub will provide milk, juice and water at snack and mealtimes. It is often difficult for parent to gauge how much lunch their child needs. We encourage parents to work with their child to ensure their nutritional needs are met. Activities such as packing a lunch together or discussing the importance of good nutrition can help a child develop healthy eating habits.

If your child gets hungry in the early afternoon, it may be a good idea to send along an additional healthy snack such as an extra piece of fruit or some crackers to keep them going until snack time. Please limit sweets and junk food in your child's lunch.

If your child has any food allergies or sensitivities, please let the staff know. If you have any issues with the lunchtime arrangements, please contact staff for a meeting – we will try to work together to help meet your child's nutritional needs.

Birthdays can be celebrated at the daycare. Families can choose to bring in a cake or other treats to share at afternoon snack. Please discuss plans for your child's birthday with staff.

Foods Served at Kinderclub

- •Fruits •Vegetables •Soups •Yogurt •Bread •Pasta
- Baked goodsCheeseNachosPancakesCereals
- Popsicles
 Ice Cream
 Popcorn
 Crackers
 Oatmeal

Drinks

•Water •Milk •Hot Chocolate •Juice



Things from Home

Your child will need to bring the following things from home:

- ▲ Full change of clothing (pants, shirt, underwear, socks)
- ▲ Inside shoes
- ▲ Appropriate weather gear
- ▲ Sunscreen & hat during warm weather

Our Staff

Kinderclub staff are all ECE certified. Our primary goal is to provide high quality care for your children. Please feel free to contact staff any time you have questions or concerns.



Guiding and Caring Policy

Kinderclub encourages children to respect themselves and others. To minimize conflicts and to help children gain a sense of caring and empathy. Kinderclub will:

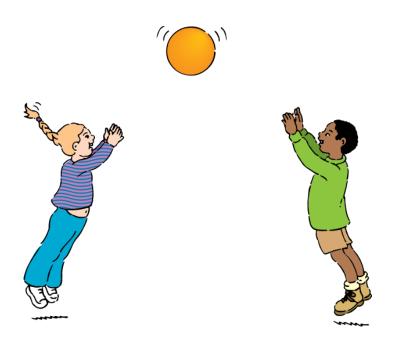
- ♦♦ Establish clear and consistent rules and limits
- **♦♦** Reinforce appropriate behaviour
- ♦♦ Help the child recognize what emotions they are feeling
- **♦♦** Encourage cooperative play

We believe in respecting children's feelings. We believe in offering comfort to a child when they are upset and giving them time to work through their feelings.



In case of conflicts:

- Kinderclub encourage children to talk through conflicts. We help children talk about how it feels for them to be in conflict situations.
- 2. If a child is not able to manage a situation, they are gently re-directed to another play area.
- 3. In extreme circumstances, a child may be removed from play for period of time as a cool-down period.
- 4. We do not believe in physically restraint ever be required, the parents will be notified.



Our Mission Statement

Kinderclub's goal is to provide a safe and encouraging environment in which children can learn and grow.

We help children make transitions from pre-school/daycare to elementary school. Children in Kinderclub have continuity and stability from being with the same staff in the same location all day.

Kinderclub helps children integrate into the elementary school environment by meeting more children, interacting with more staff and being part of the day-long activities at Uhill.

We encourage children to learn the basic concepts of math, science, language and socialization through respectful play with each other.

Kinderclub helps children gain self-esteem, confidence and a sense of belonging in the University Hill community.

Hours of Operation

Kinderclub Preschool program operates from September to June. Hours of operation are 9:45 am to 1:45 pm, Monday to Friday. Preschool program is closed during spring break, winter break and professional days.

Kinderclub Before/After school care program operates from 8:00 am to 9:00 am & 3:00pm to 6:00 pm, Monday to Friday.

Professional days from 8:00 am to 5:30 pm.

Both preschool and before/after school programs are closed during the following holidays:

- Good Friday
- Easter Monday
- Victoria Day
- Labour Day
- Thanksgiving Day
- Remembrance Day
- Christmas Eve to New Year's Day



Fees

Preschool program fees are:

Full time: 5 days/week, \$495.00

Part time: 4 days/week, \$400.00

3 days/week, \$300.00

2 days/week, \$200.00

Before/After School Care

Morning and afternoon, \$430.00

Afternoon only \$390.00

Fees include professional days.

Spring break and Christmas break cost \$15.00 extra per day.

(Subject to change)

